

Ephesians

The Armor Of God: The Belt Of Truth

Ephesians 6:10-18 (NIV) – Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armor of God, so that you can take your stand against the devil’s schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

¹⁴ Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace. ¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God. ¹⁸ And pray in the Spirit on all occasions with all kinds of prayers and requests.

Why Do We Need The Armor Of God?

We need protection from Satan’s deception and his attacks.

Satan desires to attack the truth more than anything else.

John 8:42-47 - Jesus said to them, “If God were your Father, you would love me, for I have come here from God. I have not come on my own; God sent me. ⁴³ Why is my language not clear to you? Because you are unable to hear what I say. ⁴⁴ You belong to your father, the devil, and you want to carry out your father’s desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies. ⁴⁵ Yet because I tell the truth, you do not believe me! ⁴⁶ Can any of you prove me guilty of sin? If I am telling the truth, why don’t you believe me? ⁴⁷ Whoever belongs to God hears what God says. The reason you do not hear is that you do not belong to God.”

The Belt of Truth

Truth = objective standard by which reality is measured.

Ephesians 6:14 (NKJV) -Stand therefore, having girded your waist with truth.

•“**Girding your waist” means being prepared.**

The truth is found in three places:

1) Jesus

John 14:1-9 Acts 4:12 1 John 2:18-23

2) The Holy Spirit

John 16:13-15

3) The Word of God

John 17:17 Psalm 119:33-45

•**The truth will not set you free. Knowing the truth and obeying the truth will set you free.**

•**We gird ourselves with the truth daily through self-control and daily commitment.**

Romans 12:1-2 Philippians 4:8 Colossians 3:1-10

The Consequences Of Rejecting The Truth

Rejecting the truth will lead to God’s rejection.

Romans 2:5-11 (NLT) - But because you are stubborn and refuse to turn from your sin, you are storing up terrible punishment for yourself. For a day of anger is coming, when God’s righteous judgment will be revealed. ⁶ He will judge everyone according to what they have done. ⁷ He will give eternal life to those who keep on doing good, seeking after the glory and honor and immortality that God offers. ⁸ But he will pour out his anger and wrath on those who live for themselves, who refuse to obey the truth and instead live lives of wickedness. ⁹ There will be trouble and calamity for everyone who keeps on doing what is evil—for the Jew first and also for the Gentile. ¹⁰ But there will be glory and honor and peace from God for all who do good—for the Jew first and also for the Gentile. ¹¹ For God does not show favoritism.